



2019 - 2020

CAIN

CHURCHES ACTIVE IN NORTHSIDE

SERVING THE GROWING NEIGHBORHOOD





A MESSAGE

FROM OUR LEADERS

How we have grown...

When we look back on the past two years, we cannot help but notice the immense amount of change that has happened at CAIN.

Some of the change was expected as we hired a new Executive Director and developed our strategic plan which helps to guide our future. Some of the change was unexpected because of the uncertainty and worry created by the pandemic. We had to think outside the box to successfully continue our operations while ensuring the safety of our guests, volunteers, and staff.

We saw an ever-growing number of our community's most vulnerable citizens in need of CAIN's services. The number of pantry visits as well as the amount of rent and utility assistance that CAIN provided had doubled which helped to keep our neighbors stably housed. Our donors stepped up so that CAIN could meet the needs of our community, with individuals donating personal care items, household cleaning items, and pet food.

During these challenging times, CAIN has undoubtedly become a stronger organization but there is more work to do. We continue to value and appreciate your support to challenge poverty, connect with our community and cultivate growth as an organization. Thank you for helping us help our neighbors.


Melissa Meyer, Executive Director


Michael Barnett, Board Chair

JOIN THE SOWER'S CIRCLE

Since 1992, CAIN has provided stable support to our neighbors in need. Help us continue that stability with your ongoing support. Sower's Circle donors make small, automatic donations every month, which makes it easier for CAIN to plan long-term, budget more efficiently and create more life-changing outcomes. You choose how much to give and for how long, and you can change your amount or cancel at any time.

Join our Sower's Circle and care for families all year long by going to www.cainministry.org.



\$25/month	\$50/month	\$100/month	\$200/month
Care items for a family of five	Fresh, healthy produce for 20	50 meals for our neighbors	Housing assistance



CAIN Mission Statement

Connecting our community to challenge poverty by feeding bodies and souls.

CAIN Vision Statement

Guided by faith, we shape the future by inspiring hope and satisfying basic hungers.

THE IMPACT OF OUR WORK

We served more people through our pantry and other assistance programs in 2020 than any other year on record. The need for assistance in our growing neighborhood continues to expand.

73%

Increase in Rainbow Choice Food Pantry visits 2020 compared to 2019

12,000+

Individual visits to our Rainbow Choice Food Pantry over 2019-2020



276,000

Pounds of food rescued through 2019-2020

50%

Increase in rental assistance given in 2020 compared to 2019

10,000+

Meals provided through Phil's Place over 2019-2020

The help CAIN provides to the neighborhood is about more than just making sure folks have a meal on the table. When CAIN creates food security for our neighbors, we help to create stability.

One Family's Story

LaTrice and her husband Lamond have three kids and own a small home together. Lamond works as a short order cook and drives for a ride share sometimes to make extra money. LaTrice is an in-home daycare provider since she stays home with one of her daughters who has a disability.

Before the pandemic, LaTrice visited CAIN pantry once a month to help them manage their budget and have a little money left over each month for emergencies. The family's income dropped dramatically during the pandemic. LaTrice shared that "CAIN has always helped us and we give back to CAIN when we can.

Things are so hard right now, I don't know what we would do if we couldn't visit the pantry each week." In addition to providing weekly pantry visits, CAIN was able to provide utility assistance.

CAIN donors help CAIN help our neighbors!



2019-2020

FINANCIALS



Income	2020	2019
Grants	\$ 389,131	\$ 88,003
Individuals	\$ 212,329	\$ 157,433
Churches	\$ 37,349	\$ 29,517
Corporate/Fundraising	\$ 46,069	\$ 59,030
Donated Services	\$ 484,852	\$ 250,018
Total	\$ 1,169,730	\$ 584,001

Expense	2020	2019
Guest Assistance	\$ 574,965	\$ 320,519
Administration/Programs	\$ 50,561	\$ 64,879
Payroll, taxes and benefits	\$ 278,752	\$ 218,541
Property/Utilities	\$ 72,596	\$ 78,045
Total Expenditures	\$ 976,874	\$ 681,984

Net Income **\$ 192,856** **\$ (97,983)**

THANKS TO OUR SUPPORTERS!



Community Partner



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GET INVOLVED

There's a Role for You at CAIN

Over the last two years our amazing volunteers have given nearly 17,000 hours of their time to serve CAIN guests. During the pandemic volunteers increased the number of days they served, provided administrative assistance remotely, ensured that weekly to-go meals were available at Phil's Place and helped to pick up donations, sort produce and prepare the pantry for guests.

We are very grateful for our volunteers and would be happy to help you discover volunteer opportunities at CAIN. Contact volunteers@caiministry.org for a pantry tour and more information.



CAIN
4230 Hamilton Avenue
Cincinnati, OH 45223
www.cainministry.org
Melissa Meyer – Executive Director
director@caiministry.org

