

**Interested in being more involved in
your community?**

Want to help improve lives?

**Apply to join the 2009-10
CAIN Teen Service Board!**

**CAIN - Churches Active In Northside's
Teen Service Board is a core group of committed teens
working to support CAIN's Choice Food Pantry.
It is a diverse group of high school students from area
schools and church groups with a maximum of two
representatives from any organization. The board meets
at CAIN monthly/bi-monthly. Each member plans one
project at his/her school, church, or neighborhood to
raise money or collect needed items for CAIN.
Members also volunteer at least once at pantry.**

CAIN Teen Service Board Application 2009-10

Please Print Clearly! Use back if necessary for additional comments. Today's Date _____

Name _____ Day Phone _____

Address _____ Email _____

City/State/Zip _____ Birth date _____

School Attending _____ Grade This Year _____

Place of Worship (if applicable) _____

VOLUNTEER WORK EXPERIENCE/SKILLS:

PAID WORK EXPERIENCE/SKILLS:

SPECIAL SKILLS/HOBBIES/INTERESTS:

WHY WOULD YOU LIKE TO BE A CAIN TEEN SERVICE BOARD MEMBER?

Pleas list a non-relative that CAIN can contact as a reference:

Name _____ Phone number _____

Relationship to you _____ How long has reference known you? _____

IN CASE OF EMERGENCY, PLEASE NOTIFY: (Name, 2 phone numbers, relationship)

I certify all information above is true. Signed _____ Date _____

PLEASE RETURN TO CAIN **no later than August 1, 2009** – FAX 591-2262 or
Mail/Drop off at Teen Service Board Application - CAIN - 4230 Hamilton Ave. – Cincinnati, OH 45223

CAIN Teen Service Board Commitment
Please submit along with Teen Service Board Application.

If selected to be a member of the CAIN Teen Service Board, I commit to the following:

- Participate in orientation
- Attend monthly/bimonthly meetings at CAIN
- Volunteer at least one time in CAIN's Choice Pantry
- Plan one project for my school, church, or neighborhood to raise money or collect needed items for CAIN
- Complete evaluation/survey at end of term
- Help recruit participants for next years Board

Student Signature _____ Date _____

Liability/Release

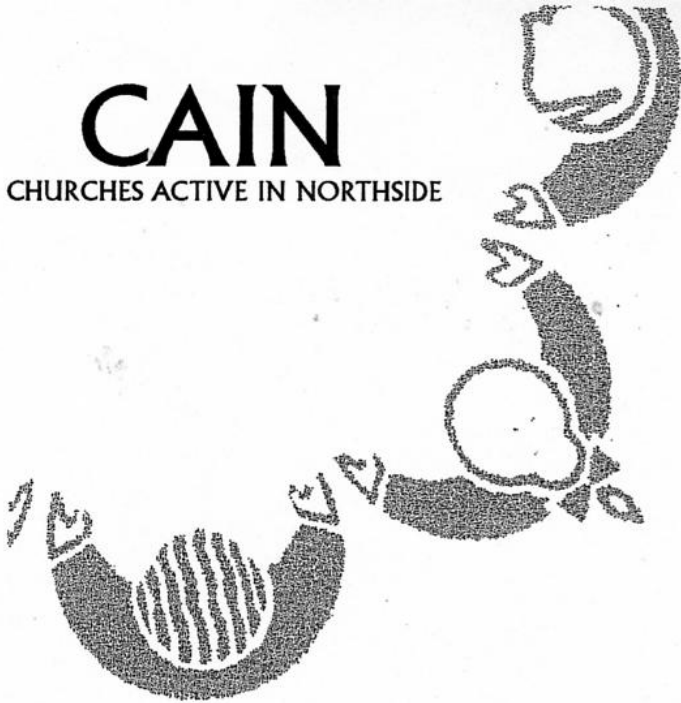
If under 18 – you must also have signature of parent/guardian:

I hereby release and hold harmless the organizers, agencies and agents of the event from any and all losses, claims, expenses actions, causes of actions, cost damages and obligations, financial or otherwise, arising from any and all acts and unforeseen contingencies that result in injury to persons or damage to property while traveling to participating in, and departing this event.

Parent/Guardian Signature _____ Date _____

Student Signature _____ Date _____

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*“CAIN has been there for me, my family
and the community for many years.
There have been times when without CAIN
I don’t know what I would have done.” (Ms. G)*

CAIN - Churches Active In Northside Fact Sheet

CAIN is a 501(c)3 non-profit collaborative ministry of neighborhood churches that feeds bodies and souls, cares for children and builds community to give *“Help for Today – Hope for Tomorrow”*

CAIN encourages neighborhood residents to improve their lives and neighborhood by:

Feeding bodies and souls: Each month CAIN’s Choice Pantry provides 300-450 low-income families with basic necessities like food; emergency financial assistance for rent and utilities; household and hygiene items; diapers; transportation assistance and referrals for furniture and baby items. CAIN meets with each person individually.

Caring for Children: CAIN provides cultural enrichment for young children through free “Kids Corner” art activities during evening pantry hours. CAIN supports teens through an annual Teen Job Fair, summer employment program and Teen Service Board. CAIN provides snack and support for children by at Chase School, Northside Public Library and others.

Building Community: CAIN works directly with Northside civic organizations to strengthen bonds between residents through community-wide celebrations, events and hosting meetings of groups. CAIN coordinates and participates in community events including the Fourth of July Celebration and Annual Northside Community-Wide Yard Sale. (“Best of the City” by Cincinnati Magazine 2008)

Highlights:

- CAIN is a host site for The Benefit Bank a Web-based, counselor-assisted program that connects help low- and moderate-income Ohioans claim tax credits, public benefits and work supports for which they are eligible.
- Conversion to a “Choice Pantry” that serves over 350 families each month who choose food, household & hygiene items and inspirational materials they need most or that their diet or situation requires (2006)
- Recognized as an Ohio Association of Second Harvest Foodbanks’ 2004 “Agency of the Year” for the Freestore Foodbank
- Purchase, renovation, construction of Jewel Smith Ministry Center (\$400,000+) including building improvement project (2000-2002)
- “Secret Angel” Christmas Program has grown from helping 70 to over 300 families with food, clothing and gifts and involves over 200 donors, hundreds of volunteers, and gets regular media attention (since 1993)
- 1993 “Miracle on Delaney” Street – when toys were stolen, alerted the media and received thousands of dollars of toys and \$6,000 in cash donations in single day

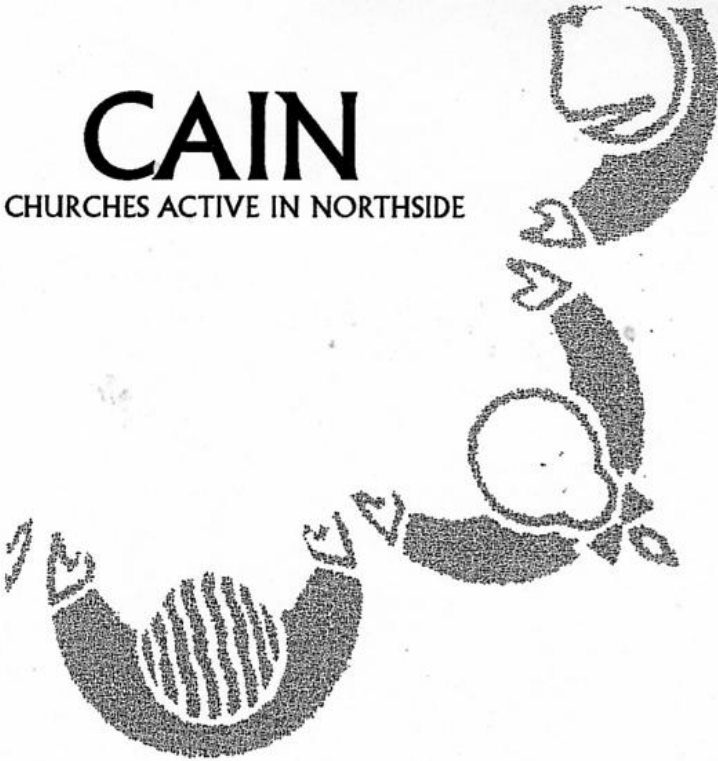
Churches Active In Northside is funded in part by the City of Cincinnati

CAIN

CHURCHES ACTIVE IN NORTHSIDE

4230 Hamilton Avenue | Cincinnati, OH 45223

www.cainministry.org | 513.591.CAIN (2246) voice | 513.591.2262 fax



Opportunities to Serve Ideas for Teen Service Board

Ministry	Activities	Date
Choice Pantry	Volunteer weekly or monthly Collect needed items – Food or Household/Hygiene; HUGS: Hats, Underwear, Gloves, Socks Provide “Food for the Soul” inspirational materials Collect/Make reusable bags for CAIN	Ongoing Pantry volunteer times: MW 6 – 9pm T Th 9am – 1pm
Kids Corner Ministry	Work with children once a week or once a month (Monday or Wednesday evening, 6-9pm)	Ongoing
Hospitality Ministry	Prepare and serve food once a month (Monday or Wednesday evening)	Ongoing MW 6 – 9pm
‘Secret Angel’ Christmas Program	Solicit/Collect donations for families Have a drive for needed items (blankets, etc.) ESPECIALLY TEEN GIFTS	October – December
Hunger Walk	Organize individuals and team(s) to participate and raise money	Memorial Day Event
4th of July	Build float/decorate car/march/pass out candy in parade or give out cold drinks from CAIN	July 4 Event
Fundraising	Organize an event to benefit CAIN Collect donations for CAIN Sponsor “Souper Bowl of Caring” event	Ongoing
OTHER	Your idea to support CAIN!	TODAY!

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“Help for Today – Hope for Tomorrow”